VALENCIA COUNTY OLDER AMERICAN PROGRAM MONTHLY MENU – May 2015

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
				1
				Carrot Salad
				Fish Sandwich
				Broccoli
				Tators
				Fruit / Milk
4	5	6	7	8
Tamale W/Red Chile	Green Chile Cheese	Tossed Salad	Carrot Raisin Salad	Tomato/Onion Salad
Lettuce & Tomato	Burger	Asian Pork w/Peppers	Ground Beef Steak	Pork Carnitas
Spinach	Lettuce, Tomato &	Oriental Vegetables	W/Onion Gravy	Red Chile
Spanish Rice	Onion	Rice/Crackers	Green Beans	Squash
Fruit/Milk	Fries	Fruit/Milk	Mashed Potatoes/Roll	Refried Beans
	Fruit / Milk		Fruit / Milk	Fruit / Milk
11	12	13	14	15
Cole Slaw	Tossed Salad	Black Bean & Corn	Tomato & Onion Salad	Zucchini Salad
Sloppy Joes	Baked HamW/	Salad	Hot Roast Beef Sandwich	Spaghetti W/Marinara
Jalapenos & Onions	Pineapple Glaze	Chicken Strips	Broccoli	Italian Vegetables
Potato Chips	Green Beans	Peas & Carrots	Mashed Potatoes	Garlic Bread
Fruit / Milk	Sweet Potato-Roll	Potato Chips	Fruit / Milk	Fruit / Milk
	Fruit / Milk	Bread	Fruit	
		Fruit / Milk		
18	19	20	21	22
Green Bean Salad	Zucchini Salad	Tomato & Onion Salad	Tossed Salad	Carrot Salad
Beef Tips W/Mushroom	Lettuce/Tomato/Salsa	Hot Turkey Sandwich	Chicken Teriyaki	Roast Pork
Sauce	Beef Tacos	Brussels Sprouts	Oriental Vegetables	Broccoli
Carrots	Refried Beans	Mashed Potatoes	Rice/Crackers	Scalloped Potatoes
Rice/Crackers	Fruit / Milk	Fruit / Milk	Fruit / Milk	Roll
Fruit/Milk		Fruit		Fruit / Milk
25	26	27	28	29
CLOSED	Cole Slaw	BF Potluck/	Cucumber Salad	Red Chile Beef
CLOSED	Chile Cheese Dog	Birthday Party	BBQ Pork	Enchiladas
	Peppers/Onions	With	Onions/Jalapenos	Lettuce/Tomatoes
	Ranch Beans	Fiddlers & Musicians	Potato Chips	Spinach/Beans
	Fruit / Milk	Of NM	Fruit/Milk	Fruit/Milk
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